

Cambridge Cambourne Fun Run - Sunday 15th April 2018 at 11.05am: - Information for runners

Welcome to the Cambridge Cambourne Fun Run! These instructions are for your safety and to try to ensure everyone enjoys the event.

Fun Run numbers and chips can be collected from the Marketing Office at Cambourne Business Park, or in the marquee next to it, at the following times:

- Friday 13th April 10.00-16.00
- Saturday 14th April 10.00-13.00
- Sunday 15th April from 8.30 onwards available from the MARQUEE only; please pick up your number and chip by 10.30

-Please ensure your number is securely fastened on your front so that the number is visible.

-Please write medical details and emergency contact details on the back of your number.

Information/lost child Point is at the Marketing Office

Baggage: If you wish to leave your kit in the baggage tent, please pick up a tag and write your Fun Run number on it tie it to your bag. Tags will be available with Fun Run numbers. Your bag will be returned on receipt of your Fun Run number.

There is plenty of parking available on the Business Park; marshals will direct you when you arrive.

Toilets: these are signposted. Please try to queue early.

The 10k Race starts at 1100am. Runners in the Fun Run will be asked to wait in an area, near to the Race start in order to start immediately after the 10k. Fun Runners will move to the start line when all 10K runners have passed. All runners under 9 years of age must be accompanied by an adult.

Parents/carers are responsible for their children at all times.

General Notes:

-The Fun Run is chip-timed which means you will be given an accurate time from crossing the start line to crossing the finish line. There is no need to push to the front to ensure your time is accurate.

-Running with earphones is not permitted as you may not hear instructions given by the marshals or in an emergency. Runners who do not abide by this rule do so at their own risk and will have no recourse if problems arise due to the use headphones.

-No dogs or prams/buggies or cycles etc. are permitted in the Fun Run.

-The course is mostly off road on bridle ways and gravel paths; the ground may be uneven.

-The prize giving for the first boy and first girl take place at the Fun Run Information Point as near as possible to 12.15 p.m.

-Unfortunately we can't refund entry fees if you need to withdraw from the Fun Run.

We hope you enjoy the race!